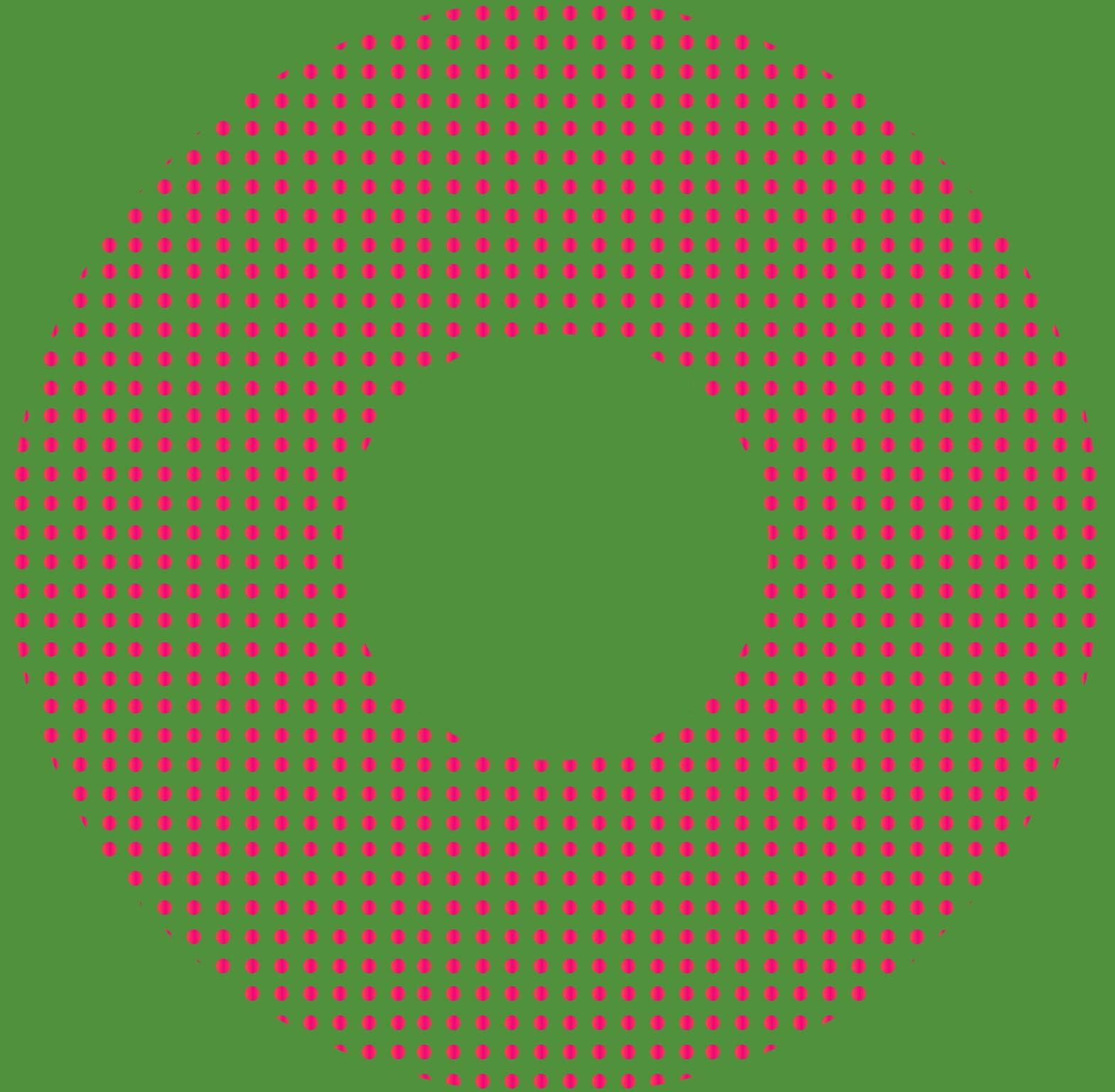


TTPC Fall Sessions: One Vision

December 2020

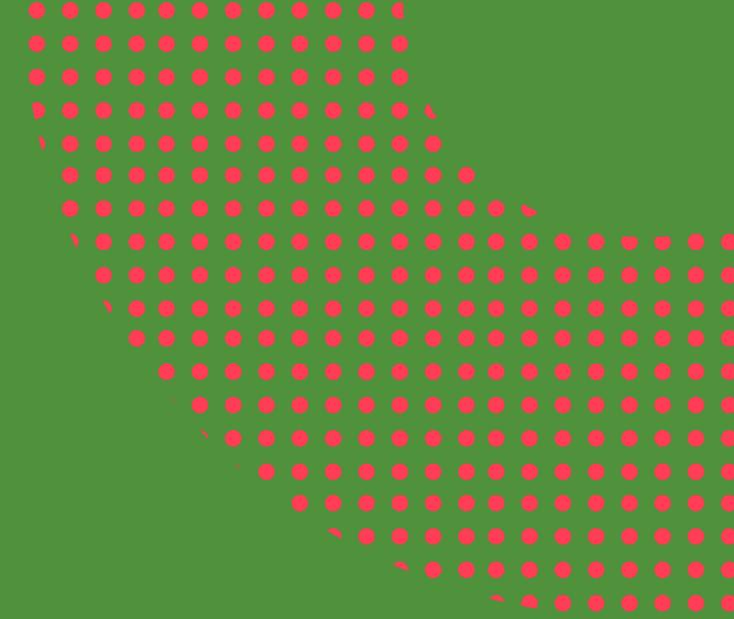


TTPC Meeting Focus

- 1) Hellos/Introductions
- 2) Celebrate our December wins
- 3) TTPC Executive Board/2021 planning
- 4) Generational Trauma Talk



TTPC December Wins



Salima Nathoo, Director of Membership

Salima will be overseeing all aspects of membership to include creating a plan for acquiring new members, membership communication, membership criteria for ensuring equitable and aligned representation of members.

Kimberly Codrington, Director of Collaboration

Kim will be directing and creating opportunities for TTPC members to network and collaborate with one another in an effort to further your own individual endeavors and our collective reach as a group.

Jazmine Wilkes, Director of Philanthropy

Jazmine will be overseeing any philanthropic efforts for TTPC. In her role, she will be actively seeking out opportunities for TTPC members to give back in ways that are most meaningful for us both individually and collectively as a group.



TTPC Executive Council

Shelley Jeffcoat, Director of Education

Shelley will be overseeing education and directing activities that will allow TTPC members to learn new skills and upskill together as a group. She has full oversight of our TTPC Academy which will in time be our hub for all learning and development.

Keirsten Greggs, Executive Council Secretary

Keirsten is responsible for all Executive Council communication. She will be taking minutes at Executive Council meetings and preparing the contents of our dialogue for dissemination to membership to facilitate our future planning and execution.

Celinda Farias, Director of Events

Celinda will be overseeing and directing our retreats, The TTPC Summit, and scheduling speakers for Power Sessions. This role was created to ensure that TTPC becomes your hub not just for professional development, but for meaningful experiences that support your personal enrichment as well.



TTPC Executive Council

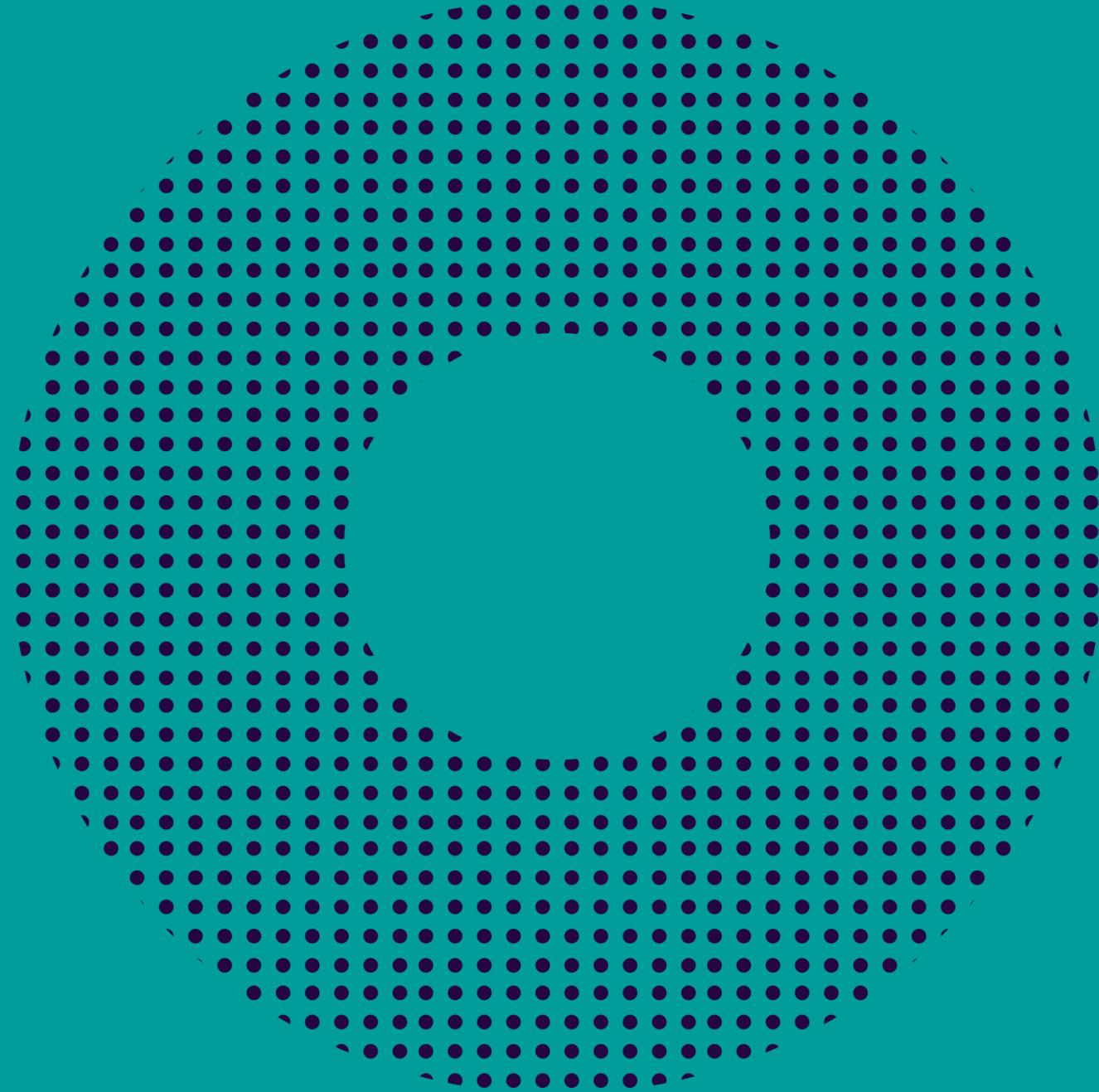


"People would
rather explore
the other side of
the moon than to
explore
themselves."
~Fr. Joe Mitchell

Generational Trauma Talk

Generational Curse

This is a phenomenon that describes "the cumulative effect on a person of things that their ancestors did, believed, or practiced in the past, and a consequence of an ancestor's actions, beliefs, and sins being passed down."





Inheritance(n):
ancestry, culture, beliefs, values,
social conditions, stories, traits
and perspectives received from
past generations.
~Inheritance.org

Your
Inheritance

Understand Your Conditioning

Familial Conditioning

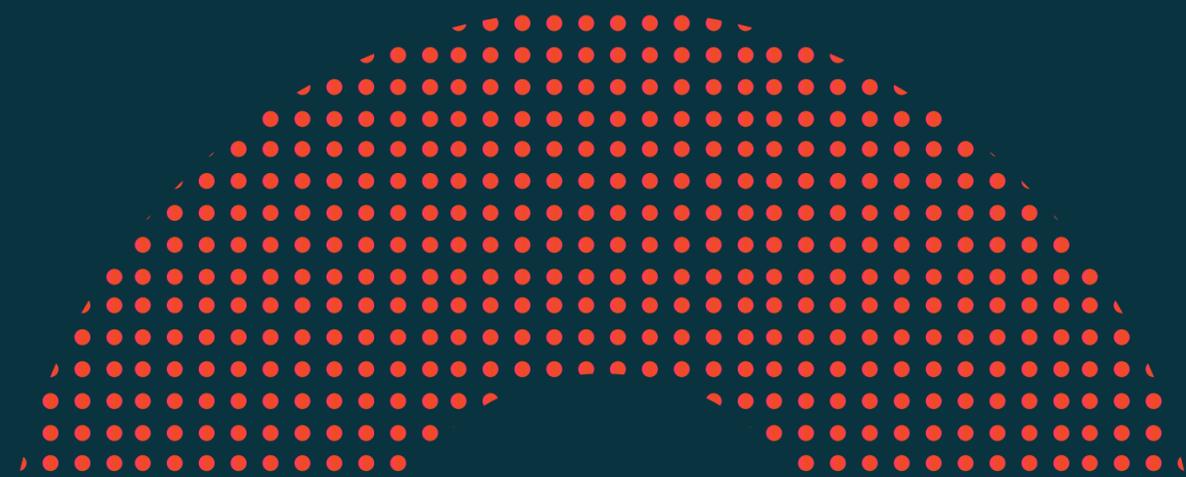
The way you have learned to show up in the world through behaviors, ideologies, habits, and emotion by way of your family dynamics.

Cultural Conditioning

This is what your culture and/or ethnicity has trained you to believe about yourself and the world at large.

Religious Conditioning

Many people are trained to see people, life, and the world through the lens of religious dogma. An example is "by law a married woman is bound to her husband as long as he is alive, but if her husband dies, she is released from the law that binds her to him".





The way we break free of generational conventions is by understanding our inheritance, generational trauma, and curses so we have full command of why we operate the way we do. It also allows us to look at our design holistically and tease out the parts of our story that need to be changed, evolved, and transmuted so you and your lineage no longer have to suffer through experiences that aren't serving you.

Breaking Free of Convention

TPPC Meeting

Mantra:

"I give myself permission to fail forward with grace. I am my ancestors' wildest dreams and bridge to joyful and healthier experiences for my lineage."



Seasons Greetings Sistas!

Continue to be well and be
safe!

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